# A Health to Betty

Dancing-Master 1st ed 1651



Leade up all a D. forwards and back, fet and turne S. • That againe : First Cu. sides, turne her once and a halfe about : Sides each with the 2. and turne them : Doe thus to the last, the rest following and doing the like.

Sides all, set and turne S. \_ That againe \_: First Cu. meet a D. back againe, fall into the 2. place, and turne your owne \_: Doe this change to the last, the rest following.

Armes all, set, and turne S. .. That againe : First Cu. goe a D. back, meet againe, take both hands, slip downe betweene the z. turne single : Doe thus to the last, the rest following.

four-couple longways set

# Introduction

- A Lead up a double and fall back. Do that again.
- B Set forward R&L to partner and turn single back to place. Do that again.

### **Figure**

- A1 End couples side into line Rsh, fall back, and skip a two-hand turn one and a half times round. Open out to face neighbour on the line.
- A2 Neighbours side Lsh, and skip a two-hand turn one and a half times round.
- B1 Take hands in lines: go forward and back, and two-hand turn partners.
- B2 Middles (original couples 1&4) take one step back, go forward, passing Rsh, and turn R to face again. Couple 1 give both hands and slip down four small steps, to change places with couple 4, who slip up the outside. All turn single away from partner (the two top couples up and away and the two bottom couples down and away). (progression 2413)

Repeat the figure three more times, and end with finale.

# **Finale**

- A Set to partner and turn single, and do that again.
- B Lead up a double and fall back. Lead up again: step R and honour the Presence.

#### Notes

- 1. The original was a longways for as many as will.
- 2. I have added the cross over in B2, and adapted the introduction to make a finale.
- 3. The 'A' music is the original tune as printed in the 14th edition of the Dancing-Master, 1709. The time signature was 6/4. I have made up an optional 'B' music in an attempt to avoid monotony.
- 4. In this revised edition I have made the second siding Lsh, arranged for all join in the turn single at the end, and rearranged the introduction and finale.