Waltham Abbey



The 1. man cast off and his Partner follows him into the 2. cu. place, and then go back to back with his Partner, The 1. woman being in the 2. man's place, cast up into her own place, her Partner follows her into his own place and go back to back the first.

The 1. cu. cross over below the 2. cu. and go the Figure thorow. Then lead down thorow below, and then lead up thorow above, and cast off into the 2. cu. place.

longways proper

- A1 W1, followed by partner, cast down to couple 2's place improper and face up as couple 2 wait 4 beats, lead up, and turn in to face down. All are now facing neighbour on the line. Neighbours back to back Rsh.
- A2 W2, followed by partner, cast down to home place improper <u>as</u> couple 1 lead up. All face partner and back to back Rsh.
- B1 Couple 1 cross Rsh and move down a place <u>as</u> couple 2 half two-hand turn (4) and lead up (4), to progressed places. All face up and begin a double figure 8, couple 2 casting to begin (skip step).
- B2 Finish the double figure 8, ending back in progressed places, still facing up. Couple 1 lead up and cast back <u>as</u> couple cast and lead up (walking step).

Notes

- 1. The original title was "Walton Abbey". I have involved couple 2 throughout. I have omitted the lead down in B2.
- 2. The tune was used by Cecil Sharp to accompany "My Lady's Courant" (orig. "Lady Mary's Courant": Dancing-Master, Volume 2).

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