

ASPTON-UNDER-LYNE - pronounced "Ayehton" - collected Howison - done in 4's.

As taught by Froome, MMM, at Pershore and seen being danced.

Music: Rushcart Lads, Girl I Left Behind Me - change tune at Cast.

Step: Polka step in all figures except Step-Up: not too fast, make cross foot tap firm

Hands: Mollies used but can dance with short sticks held at end. Hands held up in

dance, except in Step-Up, vertically, at ear level, elbows bent

All figures are preceded by Step-Up and Polka on the Spot for 8 bars. Some optional.

1. Step-Up - 4 walking steps up and 4 back, repeated. Both hands do figure 8's in vertical plane, in parallel, going down to outside first, start with inside foot. "Lead-Up"
  2. Polka - face partner, arms out at sides, sticks up vertical, polka step on spot for 8 bars.
  3. Meet & Retire - forward to meet (4 bars), stationary facing (4 bars), retire to place (4 bars), step on spot in place (4 bars). "Ins and Outs".
  4. Polka - as 2
  5. Cross-over or Back-to-Back - alternatives but usual to do both with a Polka on Spot between. Cross-over is like Half-Hands in the Cotswold Morris - forward to the left of partner, passing right shoulders, to just pass (4 bars), retire backwards along same path to place (4 bars) Repeat either same way or to other side. Back-to-Back starts the same passing right shoulders & coming back left shoulders on other side, facing the same way throughout (4 bars across, 4 bars back). Repeat same or other way.
  6. Polka
  7. Right hand turn of partner - go slowly round for 8 bars.
  8. Polka
  9. Corners Cross - 1st corner X 4b, spot 4b, X back 4b, spot 4b: 2nd spot 2b, X 4b, spot 4b, X back 4b, spot 2b.
  10. Polka
  11. Cross Molly - right hand star in 4's, slowly round taking 8 bars, like fig 7.
  12. Polka but end facing up.
  13. Cast - 16 bars down outside, turn to face up behind conductor, who came down centre.
  14. Up Centre - lead up middle taking only 8 bars. Music speeding up. Inside hands on shoulders.
  15. Finale - Stand still for 2 bars while music continues. Then 2 bars to retire to place and face front while music faster still. Finally 4 bars on spot ending with a stamp, done fast.
- Variants: hands in Step-Up mirror image: add normal cross over to partners place, turn and cross back (16b): fig 9 at twice the speed: figs 7 & 11 right and left hands: fig 7 turn only to opposite's place and back with other hand: repeat 7, 11 after another Polka on spot.