

### LONGRIDGE

Source: collected by Fred Hamer - school children

Sticks: 9 in long and 1 in diam. One bell and a bow of same colour as dancers sash at each end.

Step : 1 2 3 hop. A gentle rocking to and fro in step because the first step is taken backwards. Hamer & John O'Gaunt said that the step took one bar and therefore was like the Carnival Morris stepping, Pilling says it was half this speed, that is two steps to a bar and walking.

Music : Cock O'the North, John Peel

Processional: between each figure the dancers move forward in column for 8 bars.

#### Figures:

1. Cross over left shoulders passing and back right. Hands up, bells ringing. Repeat.

2. Hands across with partner with right hand and back with left. Keep sticks in holding hands while holding hands (ie not just sticks touch)

3. Hands across in 4's.

4. Outsides - whole set casts out & comes back up middle.

### GOOSNARGE

Source: Fred Hamer - dance closely related to above.

Step - no rocking

Figure 2/3 - transfer stick from holding hand to free hand so both in one hand.

### WREA GREEN

Source: Fred Hamer - dance closely related to above

Sticks: 18 in long

Music: 100 Pipers

Step : usual Lancashire Polka