

Source: as taught by Julian Filling at Halsway, 1970 based on Maud Karleles J. FDSS 1950, col. 1938 and Lymm Public Library mss.

Music: tunes like Yankee Doodle and Oh Sussanah.

Formation: long ways for multiples of 4, minimum of 4 pairs.

Implements: unusual - strips of Fustian or Handks 18" by 36" - these determine the character of the dance.

Supernumeries: a fool, who dances round and between the files and a manwoman.

Step-Up: Bars 1-4: 3 slow walking steps forward, starting inside foot, one to a bar, ending feet together in bar 4. Hands are swung round continuously in big circular movements with arm at full extent. The direction is as over-arm bowling when moving forward, left clockwise, right anticlockwise, at side of body. The arms go over alternately, one circle to a bar, left when left foot forward etc. As one arm goes over the other moves through the lowest part of its circle.

Bars 5-8: 3 steps and feet together moving backwards, arms now circling other way, ie backwards.

Bars 9-12: as bars 1-4.

Bars 13-16: 3 steps backward and jump to face partner, across the set. On the jump bring both hands down with a sharp movement to produce a "slap" or "crack" with the strips.

Step-and-Turn: Odds do the following, evens reverse the footing, hands & turns

Bar 1: On the first beat, jump onto both feet with the left in front. On the middle beat hop on the left foot, presumably bringing right foot forward in the air. The hands are crossed at the wrists, in front of the body, left over right on the jump and swung apart on the hop. Presumably below waist level, not in front of chest.

Bar 2: as Bar 1 but jump right over left and hop on right.

Bars 3-4: all make a full turn up on 4 walking steps. On the first beat the handks are flicked down sharply.

Bars 5-8: Repeat.

Figures: same step and arm movements as Step-up.

Order:

Step-Up & Step-&-Turn

Cross-over to opposite side & Step-&-Turn

Cross-back to own side & Step-&-Turn

Right-Hand-Star once round & Step-&-Turn

Left-Hand-Star once round & Step-&-Turn

Insides - cast in, down middle and up outside

Step-&-Turn facing up and end.

LYNM (CHESHIRE) MORRIS DANCE col. M. Karpeles 1938. Journ. FDSS 1950

Tunes: - Yankee Doodle; Oh Sussanah.

Strips of Fustian or Handks 18" x 36". Dance for 4 cus.

Processional dance - progress throughout.

A 1-4. 3 slow walking steps forward (1 to a bar), start inside foot.

On 4th bar outside foot thrown forward.

5-8. 3 steps backward, face partner, stamp free foot last bar.

Throughout this, hands swung round continuously in big circular movement, the right counter-clockwise the left clockwise, similar to overarm bowling - each circle occupies one bar.

B 1-2. On the 1st beat of the 1st bar, jump on both feet with left in front & on middle beat hop on left foot. Repeat with right in 2nd. During this the hands are crossed at the wrists in front of body, left over right, on the 1st beat of the 1st bar & swung apart on the 2nd. In the 2nd bar, repeated, right over left. Even nos. reverse the footing & hands.

3-4. All make turn outwards with slow walking steps. On the 1st. beat the handks. are flicked down with a sharp movement (slapping)

5-8. Above repeated.

The above are different from the norm - it is suggested dance extended by using standard simple W.W. movements.

The Fool dances round & between the files.