

THE LANCASHIRE COMPETITIVE CLOG DANCE

Source : Julian Pilling from Fawcett of Failsworth and S Cash of Blackley.

Music : Manchester, Liverpool Hornpipes, or John Brown's Body, Nelly Grey.

Rhythm is broken hornpipe $\frac{4}{4}$  break is 

Structure: start with right foot for 6 bars, finish with a break and repeat starting with left. Movement of foot is small. It is a shuffle done in a semicircle and the stepping is mainly on the toes.

Breaks :

HALF BREAK - to finish step done on right foot.

First Bar. 1. L down
 &. R tap } shuffle
 2. R tap }
 &. R down }
 3. L down }
 &. R tap } shuffle
 4. R tap }
 &. R down }

Second Bar. 1. L down flat foot
 2. Hold
 3. R down flat foot, 5th position
 4. Hold

FULL BREAK - to finish step done on left foot.

First Bar. As above

Second Bar. 1. R down, on toe
 2. R heel beat, raising L leg in front with knee bent
 3. L down flat foot
 4. Hold

FINAL BREAK

First Bar. As above

Second Bar. 1. R down flat foot
 2. L down flat foot in 5th position
 3. R down raising L leg in front with knee bent
 4. Hold

KICK BREAK

First Bar. 1. L down
 &. R tap } shuffle
 2. R tap }
 &. R down }
 3. Spring off both feet
 &. Hit soles together in air
 4. Land on both feet
 &. Hold

Second Bar. 1. L down flat foot
 2. R down flat foot
 3. L down 5th position
 4. Hold

1st Step - single shuffle right, followed by a double beat and then a single shuffle left

First Bar. 1. L toe down
 &. R tap } shuffle
 2. R tap }
 &. R down }
 3. L down }
 &. R down }
 4. L down }
 &. Hold }

Second bar - repeat on opposite feet.

2nd Step - as 1 but two shuffles on each foot taking 1½ bars - 4 in 6 bars.

First Bar. 1. L down
 &. R tap } shuffle
 2. R tap }
 &. R down }
 3. L down }
 &. R tap } shuffle
 4. R tap }
 &. R down }
 Second Bar. 1. L down
 (half) &. R down
 2. L down
 &. Hold

3rd Step - as 1 except half circle of shuffle is around supporting foot and the double beat is done legs crossed.

4th Step - shuffle round supporting leg again.

First Bar. 1. L down
 &. R tap } shuffle
 2. R tap }
 &. R down }
 3. L down }
 &. Hold }
 4. Left hop, swing right leg back to position }
 &. Hold }

5th Step - as 1 but stamp in place of double beat.

First Bar. 1.&.2.&. as before
 3. L down
 &. Hold
 4. R stamp
 &. Hold

6th Step - double shuffle.

First Bar. 1. L down
 &. R tap } shuffle
 2. R tap }
 &. R down }
 3. L down }
 &. R tap } shuffle
 4. R tap }
 &. Hold }
 Second Bar. 1. R down etc

7th Step - treble - as 3rd and 4th round supporting foot - stepping as first bar of Step 2, first 4 round L foot and second 4 back to position