

Longways duple minor

- A1 1-8 1st couple half figure 8 through 2nd couple. 1st couple set and cast off. 2nd couple move up.
 - 9-16 1st couple half figure 8 through next 2nd couple and turn 2 hands. (1st couple are now progressed 1 place)
- A2 1-16 2nd couple do the same with their own 1st couple (now progressed) and then with the NEXT 1st couple. (Set is now back to original place)
- B 1-4 All set R. and L. to partner and change places R.S.
- **B** 5-8 Men turn with L.H. while women turn with R.H.
- B 9-16 2 changes circular hey partners facing, 2nd couple cast while 1st couple move up. (Long cast)
 - 17-20 1st couple set and cast off (progression) while 2nd couple move up.

Source: Twenty Four New Country Dances for the year 1710 by Mr. Kynaston

4