

Web Chat | August 12, 2021

Let's Talk About Reentry, Part 5: News from Groups That Have Resumed In-person Events

An online discussion for dance, music, and song organizers

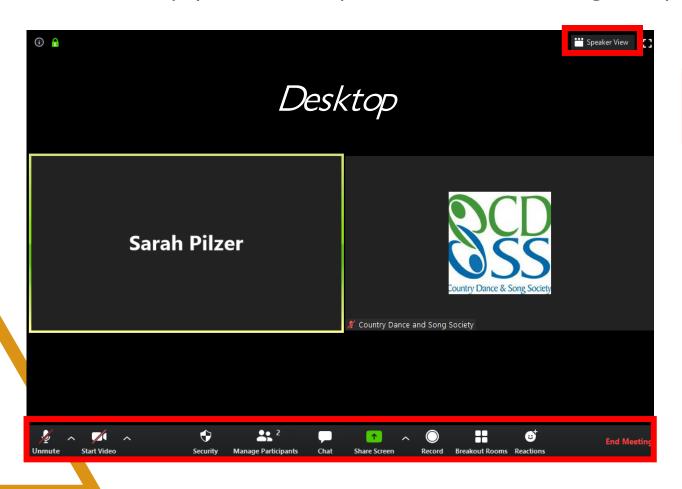
Welcome.

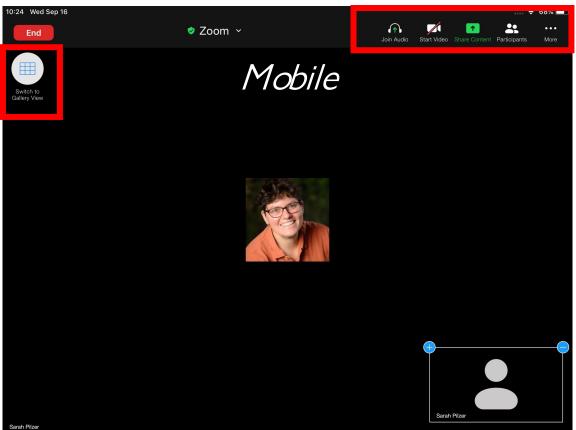


CDS Boston July 4 weekend, 2021. Photo by Jeff Bary.

Tech Tips

Please keep your microphone muted during the presentation.

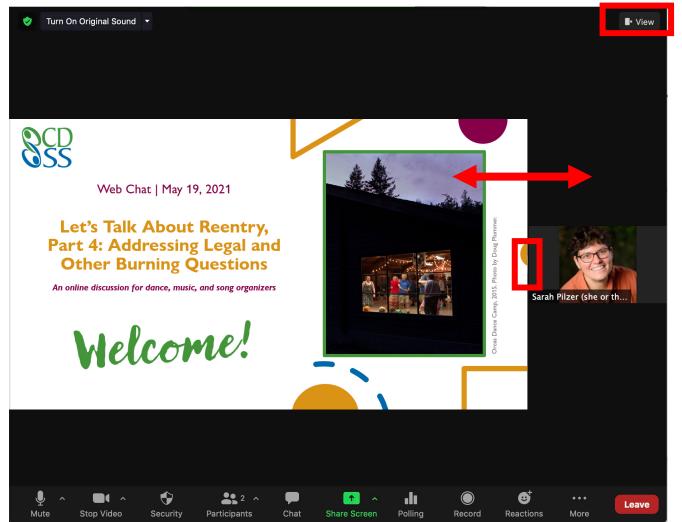






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Web Chat Purpose and Format

- 7:00 Introduction (Linda Henry), tech tips (Sarah Pilzer)
- 7:05 Web Chat guests and Q&A

David Norton: Public Health Professional (Hadley, MA)

Bruce Baker: Organizer of Seattle Song Circle for Seattle (WA) Folklore Society

David Macemon: English dance organizer for Portland (OR) Country Dance Community

- 8:10 Comments from Katy German, CDSS Executive Director
- 8:20 Resources and follow-up
- 8:25 Breakout rooms
- 8:45 Farewell





David Norton

MD, Public Health Professional, Hadley, MA

David is a pediatrician at Holyoke Pediatric Associates in Holyoke, MA. He has always had a keen interest in public health and has been a member of the MA Medical Society Committee on Public Health for over 20 years. He is also Chair of the MA Chapter of the American Academy of Pediatrics Immunization Advisory Committee. In his spare time, David enjoys morris dancing and co-organizing the Rainbow Contra Dance of Western MA.

About Me

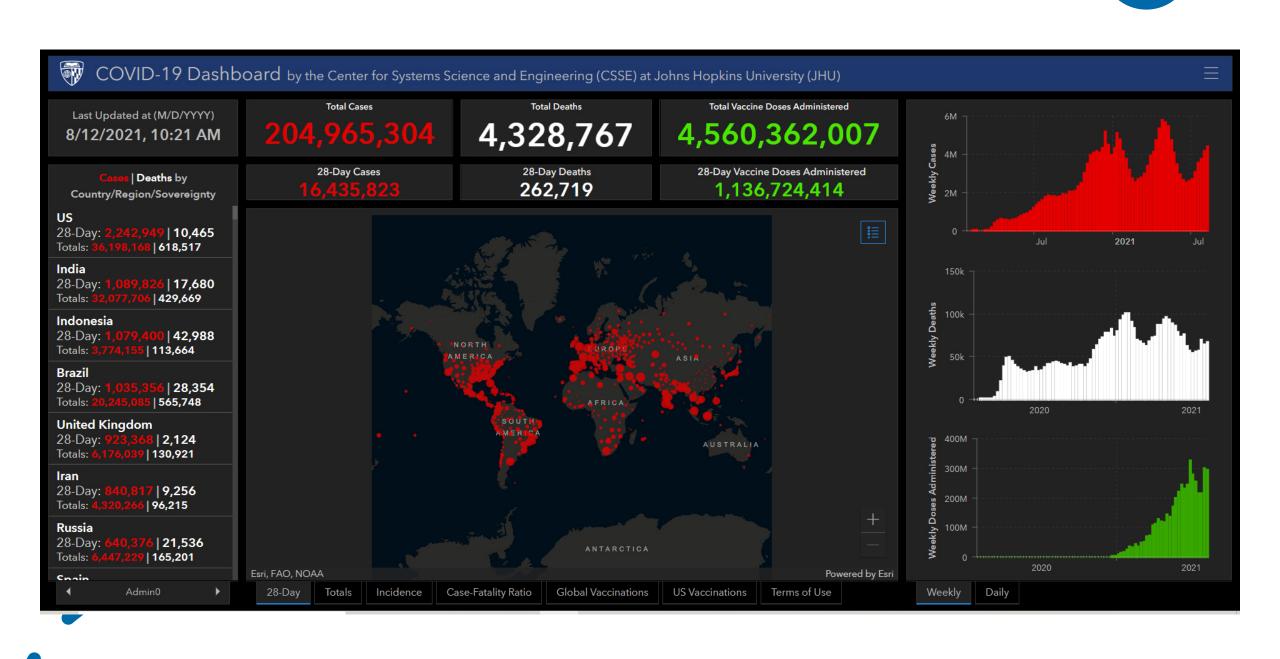
- Primary Care pediatrician
- Interested in Public health, and experience in working with Public health colleagues
- Interested in Prevention of Morbidity and Mortality from disease, some of which is infectious, like polio, malaria, influenza, and COVID-19
- Prevention is easier, less expensive than treatment
- I love music, song, and dance, preferably not on Zoom!
- I was at Pinewoods for July 4th weekend, and I spent July 17-25 in Provincetown, MA

About You

- People who like to sing, play music and dance, preferably in a social setting.
- This is important to you and feeds your soul; you/we all feel we need these social participatory activities, perhaps more than we realized, especially having been deprived of them for so long.
- You want people to feel welcome, safe, relaxed, happy at your event and leave feeling better than when they arrived, wanting to come back.
- You/we do not want people to feel frightened, unsafe, worried at an event, and certainly don't want them to leave any less healthy than when they arrived.
- You/we are a community care about the health and well-being of each other, not just ourselves. Most of us believe in science, are looking for evidence-based guidance, feel responsible and understand the importance of doing what we can to end this global pandemic.

About COVID-19

- Novel Corona Virus first noted in western China in early 2020
- First truly global pandemic of our lifetimes.
- Astounding numbers:
 - Well over 200 million cases reported
 - Over 4 million deaths
 - We are in what is being called the fourth wave, although these 'waves' have varied across the world—this wave being fueled by unvaccinated people and the Delta variant.
- Symptoms vary from none at all to mild respiratory symptoms with or without fever to progressive disease leading to severe lung disease and death. May also present with GI symptoms, loss of taste or smell, headache, or fatigue.



Some People Are Higher Risk Than Others

- Elderly
- Immunocompromised due to disease or treatment of disease
- Diabetics
- Obese people
- Complex medical problems
- Racial and ethnic minorities, although this is difficult to tease out from complicating factors which include socioeconomic factors, access to health care, rate of comorbid health problems
- Unvaccinated

Variants

- More highly contagious—Delta is about 1.5 to 2 times as contagious as the earlier variants, making it as contagious as varicella.
- Breakthrough infections in vaccinated people: Provincetown, MA, early July
- Vaccinated people can pass COVID to others
- Vaccine is still highly effective
- CDC has not changed definition of exposure based on these variants
- Continued spread of the variant, large numbers of sick people increases the risk of even more serious variants
- Lamda and other variants on the horizon—fortunately so far the variants have not totally outwitted the available vaccines.

Prevention

- Hand washing, sanitizing
- Masks
- Social distancing
- Testing
- Vaccination

Social Dancing, Singing, Jamming

- Hard to be socially distant
- Who are you, who are the other dancers, singers, musicians?
- Where is this taking place
 - Outdoors vs indoors
 - Large or small venue
 - Ventilation if indoors?
- How many people?

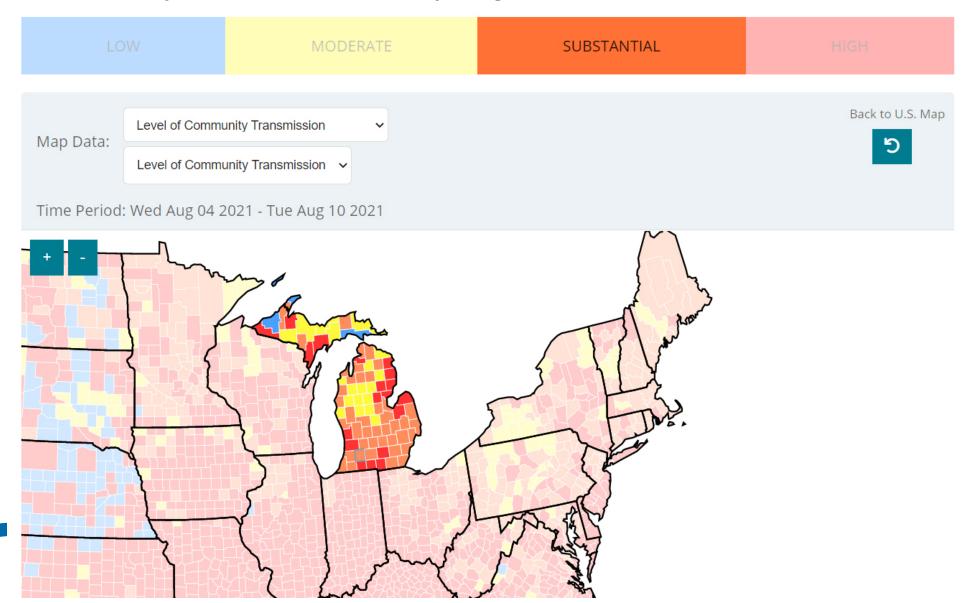
Things to Consider

- Vaccination status: important that ALL be fully vaccinated if they are participating in these kinds of activities. Picture ID and proof of vaccine should be mandatory.
- Children under 12 are not vaccinated, hopefully this will soon change.
- Masking? May help some, but with vigorous activity like singing, dancing, still significant risk of contagion
- Testing: PCR vs rapid test—should this be required?
- Health of the participants: sick people should stay home, also those with known or likely exposures.
- Health and vaccine status of family/household members of participants
- Local incidence of COVID: can change rapidly
- Where are participants coming from? Might they bring COVID with them?

Fully Vaccinated People

- Can participate in many of their pre-pandemic activities
- Should still mask indoors in areas of "substantial and high risk"
- Should still wear masks indoors if they or household members are immunocompromised, have other health risks, or are unvaccinated
- Should wear masks if they have had a COVID exposure and get tested immediately if they show symptoms. If no symptoms they should be tested 3-5 days after exposure, but they do not need to quarantine

Level of Community Transmission in Kalamazoo County, Michigan



What to Do

- Consider your particular event—how comfortable are you that you are providing a safe space for dancers, singers, given the event, where it is being held, and where participants are coming from?
- Is now the right time to hold large-scale social events that are inherently not really socially distant?
- Look to your state/county Department of Public Health for guidance—they are your allies, but they are incredibly overworked.
- If someone develops COVID while at or after the event, what happens?
- Have a game plan if the event is held and a case occurs.
- How will contact tracing occur?
- Keep an eye on the news from reliable sources—things change quickly.

Hope on the Horizon

- Almost 4.5 billion doses of vaccine have been administered across the world
- Vaccine rates are increasing in many areas of the US, even in the last few weeks.
- Delta may not last that long—the combination of increasing vaccine rates and the rapidity of spread of the Delta variant means that fewer people will be susceptible, and we will be closer to herd immunity.

References

- Johns Hopkins Covid dashboard
- CDC Covid tracker
- New York Times Covid maps
- CDC Website If you are fully vaccinated
- Boston Childrens Website with Covid 19 info
- MA Department of Public Health Website on Covid info and updates (all states by now should have robust online info about Covid)
- MMWR Article on Outbreak Associated with large public gathering in Barnstable County, MA, July 2021
- MMWR article on superspreader choir practice



Bruce Baker

Seattle Song Circle, Seattle Folklore Society, Seattle, WA

As a singer, songwriter, and producer, Bruce is passionate about making folk music accessible and keeping it fun. He has been a Board member of the Seattle Folklore Society for 30+ years and joined the Seattle Song Circle in 1981. When the group continued virtually via Zoom, participants joined in from 10 states and four countries. They are now continuing these connections with their hybrid song sessions.

songcircle@seafolklore.org 425-998-6134 (24 hrs)



Hybrid Sessions Guide

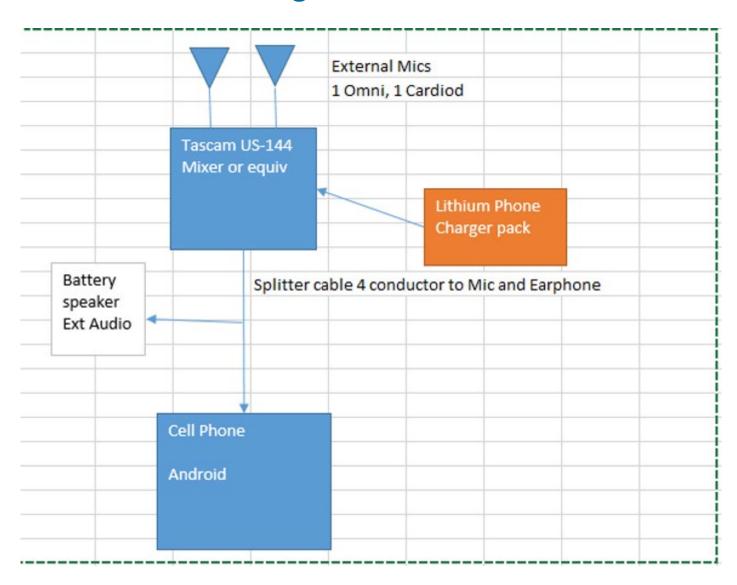
Reentry for song circle:

- Gather and sing outdoors/hybrid for now, vaccination required
- Indoor venues are still closed or too small (living rooms)
- Many members are hesitant to engage in person
- In person looked positive until Delta variant emerged
- Masking undesirable to most singers
- Online group grew to over 40 from a dozen

Outdoor Gatherings

- Smartphone on selfie stick mated to tripod
- Front view camera so aim can be adjusted
- Watch for lighting to have light in front
- Need unlimited GB streaming on cell plan
- External speaker and mic needed
- Wind and ambient noise can be a factor

Outdoor Remote Hybrid



Hybrid Gathering - Sound

- Android needs adapter cable to separate mic and speaker, must be 4 conductor
- I use BT speaker hard wired to one jack of adapter
- Mic connection to mixing console. Mic 1 is phantom power omni condenser (borrowed from video conferencing world). Mic 2 is dynamic vocal on longer cord to pass around if needed.
- Mixing console powered by USB power pack
- Mixer to mic jack on adapter

Operational Considerations

- Be sure to change input Upper LHS Zoom screen (will show speaker with slash)
- Original Sound needed every session.
- Have one online participant be sound spotter and co-host to admit folks
- In person: set up QR code to let passers-by find the group on a web page or email.
- Manage noise
- Do include online folks and "tour" the gathering

Hybrid Rooms

- Use either projector or wide screen TVs
- Sound is important, if a presentation/lead gig then have performers in front with TV to side.
- Need co-host to handle muting and admit new participants.
- Have camera on tripod and a camera handler to aim as needed around room.

Hybrid Rooms – Set Up

- Need significant amplification for online participants. TV may work but likely not due to video and sound sourcing (HDMI has audio feed too)
- Decrease Upload needs by having only one video feed on the Internet feed. It is usually asymmetrical => Co-host turn your video off!
- Assign a sound spotter from remote audience



David Macemon

Portland Country Dance Community, West Lind, OR

In 1973, David started dancing with a high schoolbased performing group in Versailles, KY, that demonstrated English country dance, contra, morris, and sword dancing. He has been on staff as a caller for dance weeks and weekends around the country including Pinewoods, Buffalo Gap, Mendocino, and Berea Christmas Country Dance School. David is a regular caller for the weekly PCDC English dances and a member of this group's Board and English Dance committee. portlandcountrydance.org



What worked well for us • We decided to believe the CDC's interpretation of the science We decided follow CDC, state, and local guidelines (not just mandates) We asked our community We communicated decisions and policies openly and clearly

Then Delta changed things We decided to continue to believe the CDC and follow state and local guidelines • We communicated decisions and policies openly and clearly We asked our community

Resources

PCDC ECD "Restarting the PCDC English Dance" Document

This four-page document was prepared by the PCDC Board in the months leading up to resuming our events, and we continue to update it. It includes:

- Policies for attending the PCDC English Dance
- What to expect upon arrival
- What will be different about the dance
- Explanations about proof of vaccinations, waivers, masks, contact tracing and much more!

CDC Guidelines for fully-vaccinated

NOTE: The contents of this link change, so the link itself is always current. PCDC is committed to following the CDC, State, and Local guidelines.

Here are the Oregon and Multnomah Guidelines:

- Oregon Health Authority (Important links also included in document mentioned above)
- Multnomah County Public Health

Comments from CDSS

Katy German

Executive Director CDSS





More COVID Resources from CDSS

COVID Section of the CDSS Resource Portal cdss.org/covid19

Latest addition: Reentry Resources for Organizers is a compilation of considerations from an attorney, epidemiologist, organizers, and more! cdss.org/reentry

Online Events cdss.org/events

A crowd-sourced list of online events for and from dance, music, and song communities. Submit your event!

Support Gigging Artists cdss.org/send-love

During this time, so many singers, callers, musicians, and sound technicians are experiencing serious losses of work and income. If you'd like to support any of them, visit this section and send your love, business, or funds.

More CDSS Resources



CDSS RESOURCE PORTAL CDSS.ORG/PORTAL



SHARED WEIGHT

(FOR MUSIC, DANCE, AND
SONG ORGANIZERS)

SHAREDWEIGHT.NET



CDSS GRANTS
CDSS.ORG/GRANTS



WEB CHATS
(INFO FROM ALL PREVIOUS CHATS)
CDSS.ORG/WEB-CHATS



CDSS NEWS
(INCLUDES ARTICLES FOR
ORGANIZERS)
CDSS.ORG/NEWS



1:1 SUPPORT
(FROM CDSS STAFF
TO YOU!)
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Follow-up

Your feedback is very valuable! To help us plan future Web Chats, *please reply to the survey you'll receive soon.*

Next week, visit cdss.org/web-chats to access the video recording, powerpoint, and transcriptions of tonight's Web Chat. *Please share with your friends!*

Keep your eyes out for announcements about our next Web Chat!

We welcome your questions, comments, and requests for ways CDSS can best support **your** community.

Keep in touch! resources@cdss.org



And now it's time for Breakout Rooms

We will randomly assign you to a breakout room with 4-6 other folks. Once in the room feel free to turn on your video and unmute yourself! Choose a timekeeper to make sure everyone has a turn.

- Each person briefly share name, location, focus of your group (music/dance/song) and one question or challenge your group is having.
- See if anyone has suggestions for you.
- Enter any unanswered questions in the chat for responses from CDSS after the Web Chat.

After 15 minutes, we'll all come back to the main Zoom room.



Farewell from CDSS!



